

















Spring / Summer Menu Week 1 14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 18th, Aug, 8th Sept, 29th Sept, 20th Oct



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Margherita Pizza	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice 	Roast Chicken, Gravy, Stuffing & Mashed Potato or Roast Potatoes	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	Chicken Nuggets & Chips
Main Meal Option 2	Pizza Wrap	Macaroni Cheese	Beany Shepherd's Pie ^{VG} 	Cheese and Onion Roll 	Veggie Fishfingers 
Vegetables	Broccoli, Cauliflower & Carrots & Sweetcorn 	British Red Tractor Garden Peas, Sliced Carrots 	Broccoli, Cauliflower & Carrots 	Carrot & Cucumber Sticks or British Red Tractor Garden Peas, Sweetcorn 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham Hot Pasta				
Baked Jacket Potatoes	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 
Dessert	Banana Mousse & Orange Smiles 	Marble Sponge ^{VG} & Custard/Chocolate Sauce	Strawberry Jelly with Watermelon Slice ^{VG} 	Vanilla Cookie ^{VG}	Iced Sponge Cake with Sprinkles


















Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan 	VE
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England's target for 'free sugar' intake for your child
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring / Summer Menu Week 2

21st April, 12th May, 2nd June, 23rd June, 14th July, 4th Aug, 25th Aug, 15th Sept, 6th Oct, 27th Oct



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Margherita Pizza & Tomato	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	MSC Fish Fingers & Chips
Main Meal Option 2	Macaroni Cheese	Quorn Bolognese and garlic bread 	Cheesy Bean Pitta 	Veggie Sausage with Mash & Gravy Vg 	Tomato & Baked Bean Pasta Bake Vg 
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas, or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham Hot Pasta				
Baked Jacket Potatoes	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 
Dessert	Banana Cake Vg & Custard 	Shortbread & Orange Slices Vg 	Hidden Fruit Chocolate Brownie	Flapjack Vg	Chocolate Oaty Slice Vg

















Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Vegan 	VE
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England's target for 'free sugar' intake for your child
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Spring / Summer Menu Week 3

28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov



WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Margherita Pizza	Beef Lasagna & Garlic Bread 	Roast Chicken, Gravy, Stuffing & Mashed Potato or Roast Potato	Veggie Meatball Sub with wedges (v)	Chicken Nuggets & Chips
Main Meal Option 2	Cheesy Tomato Pasta Bake 	Veggie Lasagna and Garlic Bread	Quorn Roast dinner ^{VG} 	Hot Dog and Wedges 	Cheese & Onion Puff Pastry Roll
Vegetables	British Red Tractor Garden Peas, Baked Beans 	Broccoli, Cauliflower & Carrots 	Broccoli, Carrots & Sweetcorn 	British Red Tractor Garden Peas or Sliced Carrots 	British Red Tractor Garden Peas, Baked Beans 
Sandwiches, Rice & Pasta	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise Hot Pasta				
Baked Jacket Potatoes	Jacket Potato with Beans, Tuna Mayo or Cheese 	jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans, Tuna Mayo or Cheese 
Dessert	Strawberry Mousse & Fruit Slices 	Chocolate Cookie & Orange Wedges ^{VG} 	Vanilla Cupcake	Chocolate Crunch 'Concrete' ^{VG} & Chocolate Sauce/ Custard	Homemade Jam Sponge & Custard

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VE

England's target for 'free sugar' intake for your child

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