










Spring Summer 24 – Week One

8 Apr, 29 April, 20 May, 10 June, 1 July, 22 July, 12 August, 2 Sept, 23 Sept, 14 Oct



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 Vegetarian	Creamy Vegetable Penne Pasta Carbonara	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes & Baked Beans or Sweetcorn	Veg Mince & Vegetable Pie (Ve) served with Mashed Potato 	Cauliflower Cheese & Pasta Bake (ve) 	Cheese Quiche Served with Chips & Tomato Ketchup
Main Meal Option 2	Cheese & Tomato Pizza Served with Garlic Bread	All Day Pork Sausage Served with Baked Omelette, Country Diced Potatoes, Baked Beans or Sweetcorn	Chicken Pie & Mashed Potatoes	Chicken in a box Served with wedges & southern fried gravy	Friday Fish Fingers served with Chips & Tomato Ketchup
Pasta	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 
Jacket Potatoes	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
Sandwiches	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits (Ve)& Fruit Slices 	Iced Banana Traybake	Oat & Raisin Cookie (Ve) & Fresh Watermelon Slice 	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish















Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Two

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 Aug, 9 Sept, 30 Sept, 21 Oct



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 Vegetarian	Macaroni Cheese	Summer Veggie Sausage Hot Dog Baguette Served with Freshly Made Coleslaw Salad 	Veg Mince Cottage Pie served with Skin on Roast Potatoes & Gravy 	Veggie Mince Bolognese & Penne Pasta (Ve) 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
Main Meal Option 2	Cheese & Tomato Pizza Served with Garlic Bread	Summer Hot Dog Baguette served with Freshly Made Coleslaw Salad 	Roast Gammon served with Skin on Roast Potatoes & Gravy	Beef Bolognese/ Halal Beef Bolognese & Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
Pasta	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 
Jacket Potatoes	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
Sandwiches	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Ginger & Mandarin Traybake 	Cornflake Bun	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger (Ve) With a fresh slice of Watermelon 	Homemade Shortbread Biscuits (Ve)

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish














Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 – Week Three

22 Apr, 13 May, 27 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct, 28 Oct



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1 Vegetarian	Mildly Spiced Vegetable Chilli & Rice (Ve)	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Vegan Savoury Mince (Ve) Served Yorkshire Pudding & Skin on Roast Potatoes & Gravy 	Homemade Vegetarian Lasagne Served with Garlic Slice 	Homemade Cheese & Tomato Pizza Whirl & Chips
Main Meal Option 2	Cheese & Tomato Pizza Served with Garlic Bread	Farm Assured Pork Sausage Roll served with Skin on Potato Wedges	Savoury Mince served with Yorkshire Pudding & Skin Roast Potatoes & Gravy 	Homemade Beef Lasagne Served with Garlic Slice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Pasta	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 	Pasta with Tomato Sauce 
Jacket Potatoes	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna	Jacket Potato with Cheese, Baked Beans or Tuna
Sandwiches	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham	Sandwiches with Cheese, Tuna or Ham
Vegetables	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Baked Apple Sponge served with Custard 	Tutti Frutti Jelly and Mandarins (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon Cookie	Homemade Flapjack (Ve)

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



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